

Color Chart

Color or Particle	Material or Area of the Body Being Detoxified
Black	Liver
Black Flecks	Heavy Metals
Brown	Liver, Tobacco, Cellular Debris
Dark Green	Gall Bladder
Orange	Joints
Red Flecks	Blood Clot Material
White Cheese-Like Particles	Most Likely Yeast
White Foam (bubbles)	Mucous from Lymph System
Yellow-Green	Kidneys, Bladder, Urinary Tract, Female/Prostate Area

The color chart is based on what we believe to be represented by the water colors (the colors used in the chart are not representative of the actual color of the water).

During the course of your ion Spa® or foot spa session, the unit's water will most likely change color and bits of foreign matter may appear as sediment (toxins being removed with the foot bath). This is to be expected. The water color change in the foot spa is caused by a reaction between the toxins being pulled from a user's body and particles in the water, salt added to the water, the metals in the ionizer®, and the acidity or alkalinity of the user. Please note that the color produced by the aforementioned reactions will depend, to a certain extent, on the chemical impurities of the water in our geographic.

The ion spa is not to be used by persons with a Pacemaker or any other battery-operated or electrical implant, or a person who is on heartbeat regulating medication, or pregnant women and breast-feeding mothers, organ transplant recipients, or persons taking a medication, the absence of which would mentally or physically incapacitate them. Persons should not wear metal, use a computer or cellular phone during a session. Persons with low blood sugar should eat before the session. In the event of discomfort, stop using the Ion Spa immediately. Persons taking prescription medication should take meds after or four hours prior to their session. Any persons on dialysis or diagnosed with diabetes or congestive heart failure should consult their physician prior to using this equipment. As the Ion Spa pulls toxins from the bloodstream it may also cause valuable electrolytes (calcium, potassium, sodium, and magnesium) to be purged from the body. To safeguard against this possibility, users are encouraged to take a multivitamin supplement that provides the aforementioned minerals, as well as fatty acids and vitamin C. Users should be properly hydrated prior to each session.