

Week 1 Spiritual Readings

Psalm 139 (New King James Version)

Psalm 139

For the Chief Musician. A Psalm of David.

¹ O LORD, You have searched me and known *me*.

² You know my sitting down and my rising up;
You understand my thought afar off.

³ You comprehend my path and my lying down,
And are acquainted with all my ways.

⁴ For *there is* not a word on my tongue,
But behold, O LORD, You know it altogether.

⁵ You have hedged me behind and before,
And laid Your hand upon me.

⁶ *Such* knowledge *is* too wonderful for me;
It is high, I cannot *attain* it.

⁷ Where can I go from Your Spirit?
Or where can I flee from Your presence?

⁸ If I ascend into heaven, You *are* there;
If I make my bed in hell, behold, You *are there*.

⁹ *If* I take the wings of the morning,
And dwell in the uttermost parts of the sea,

¹⁰ Even there Your hand shall lead me,
And Your right hand shall hold me.

¹¹ If I say, "Surely the darkness shall fall on me,"
Even the night shall be light about me;

¹² Indeed, the darkness shall not hide from You,
But the night shines as the day;
The darkness and the light *are* both alike *to You*.

¹³ For You formed my inward parts;
You covered me in my mother's womb.

¹⁴ I will praise You, for I am fearfully *and* wonderfully made;
Marvelous are Your works,
And *that* my soul knows very well.

¹⁵ My frame was not hidden from You,
When I was made in secret,
And skillfully wrought in the lowest parts of the earth.

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¹⁶ Your eyes saw my substance, being yet unformed.
And in Your book they all were written,
The days fashioned for me,
When *as yet there were* none of them.

¹⁷ How precious also are Your thoughts to me, O God!
How great is the sum of them!

¹⁸ *If* I should count them, they would be more in number than the sand;
When I awake, I am still with You.

¹⁹ Oh, that You would slay the wicked, O God!
Depart from me, therefore, you bloodthirsty men.

²⁰ For they speak against You wickedly;
Your enemies take *Your name* in vain.

²¹ Do I not hate them, O LORD, who hate You?
And do I not loathe those who rise up against You?

²² I hate them with perfect hatred;
I count them my enemies.

²³ Search me, O God, and know my heart;
Try me, and know my anxieties;

²⁴ And see if *there is any* wicked way in me,
And lead me in the way everlasting.

Matthew 9:8 (New King James Version)

⁸ Now when the multitudes saw *it*, they marveled and glorified God, who had given such power to men.

3 John 1:2-4 (New King James Version)

² Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.

³ For I rejoiced greatly when brethren came and testified of the truth *that is* in you, just as you walk in the truth.

⁴ I have no greater joy than to hear that my children walk in truth.